

lunch

to share

scallop spoons blackened seasoning + lime-aioli 20 ½ •

truffle fries grana padano, garlic aioli 14¾ •

poutine cheese curd, scallion, gravy 14 3/4

short rib poutine cheese curds, rich gravy, fried rosemary, scallions 18 ³/₄

honey-korean wings spiced slaw 20 1/2

buffalo wings hot sauce, carrot sticks, chunky bleu cheese dip 20 ½

soup + fresh greens

rain coast chowder surf + cockle clams, potatoes, cream 14 ³⁄₄

coastal seafood chowder shrimp, fish bites, clams + smoked salmon 17 ³/₄ •

classic caesar traditional flavours of anchovy-garlic, lemon, dijon, croutons, bacon, shaved parmesan 15 ¾

steak salad 8oz sterling sliver sirloin steak, peppers, tomato, cucumber, goat cheese, greens, honey balsamic dressing 30 ¾ •

elevate your salad

shrimp 9 | salmon 12 ¾ blackened or grilled chicken 7 ¼ szechuan tofu 5 | avocado 5 garlic baguette 3 | cheese baguette 4 skillet of garlic prawns 12

fire-roasted prawn martini

fire-roasted prawns, splash hot sauce, lime, avocado, cilantro, red sauce 21 ¾

sweet potato fries chipotle dip 14 ¼ •

brie cheese to share sun-dried tomato compote + warm baguette rounds 20 ³/₄ •

shrimp gyoza wasabi drizzle 16 1/2

edamame beans sea salt 12 ¾ •••

boneless pork bites cracked pepper, sea salt, plum sauce 18 ¾ •

soup + salad combo feature soup or clam chowder, green salad or caesar salad 18 ¾

KIC buddha bowl ancient grains, mixed greens, soy beans, green beans, roasted nuts, cucumber, beets, cherry tomato, radish, ginger-tahini dressing 18 ¹/₄ •

cowgirl salad pecans, dates, feta, corn, tortilla, greens, sweet honey-lime dressing 17 ³/₄ •• add blackened chicken + 7 ¹/₄

KIC kale salad baby kale-romaine, carrot sticks, red cabbage, bermuda onion, cherry tomato, radish, chick pea crouton, feta cheese, sesame seed, berry vinaigrette 19 ¼

vegan zen bowl marinated tofu, grapes, kale, sprouts, organic brown rice-ancient grains, avocado, tahini dressing 23 ½ ••
gluten friendly on request

brunch hollandaise dishes to 2pm

eggs benedict poached eggs, ham, toasted english muffin, topped with hollandaise sauce + potatoes 20 ¼

west coast benny lox, shrimp, two poached eggs + hollandaise, spinach, sauce, shoots, grilled baby potato 24 ½ •

please advise your server of any allergies

short-rib benny braised short rib, brown sauce, caramelized onion, poached eggs, smoked paprika 24 ¾ ●

all day canadian breakfast two eggs, potatoes, choice of bacon, sausage, or ham + choice of toast or english muffin 17 ³/₄

dynamite omelette mushroom, chicken, jack cheese with a spicy serrano-chili hollandaise + your choice of toast 20 ³/₄

lunch casual plates

dockside halibut fry battered halibut + fries, tartar sauce, apple-coleslaw & lemon one piece 23 ¾ add a second piece 10 ¾

west coast cod mild white fish, tartar sauce, fries, home made apple-coleslaw & lemon one piece 17 ¾ add a second piece 7 ¾

devil chicken sri lanka bowl, spiced (hotter on request), boneless chicken, garlic, ginger, peppers, soy-tomato sauce, basmati rice 22 ½ **butter chicken** tandoori chicken basmati rice, riata, mango chutney, fried papadum + grilled naan bread 26 ¾

tofu rice bowl mild szechuan sauce, hotter on request, garden vegetables, sesame seeds, steamed jasmine rice tofu 19 ¾ • sub chicken 22 ¾

vegetarian butter curry paneer cashew paste, spinach, basmati rice, naan 25 ¾ ●

burgers + sandwiches

served with fries or side salad

summer time burger fire-grilled patty, mrs whyte's relish, rocket leaves, onion, sliced cheddar cheese, homemade bbq sauce 23 ³/₄

bacon havarti burger bc harvarti cheese, onion rings, pickle, leaf lettuce 23 ³/₄

caribbean burger with chile relish 7 oz patty with lettuce, shredded jack cheese, tomato, onion 23 ½

the halloumi burger

smokey onion-mayonaise, leaf lettuce, chunky guacamole, tomato, grilled halloumi cheese, banana pickle 23 ¾

chilled beverages

chilled soft drinks 3 ½ coke, diet coke, coke zero, ginger ale, rootbeer, sprite

lemonade or nestea iced tea 4

virgin pina colada 5 ¾ shirley temple 3 ¾ virgin daiquiri 5 ¾ strawberry, mango, or lime

san pellegrino sparkling mineral water 500ml 5 ½ | 750ml 8 featured kombucha 6 monte cristo sandwich thinly sliced ham, emmental cheese dipped into a egg batter and grilled to a golden brown 17 ¾

the cajun chicken sandwich

blackened chicken, tomato, bacon, cheddar cheese, lettuce + adobo aioli on a grilled ciabatta bun 22 ¾

the butchers french dip slow roasted beef, caramelized onions, swiss cheese, garlic mayo, steaming au jus' 22 ¼

substitute: clam chowder 4 | poutine 4 ½ yam fries, onion rings or caesar salad 3 ¾ seafood potage 4 ½ | gluten free bun + 2 ½

- indicates a dairy free friendly item
- indicates a vegetarian item
- indicates gluten free friendly item



pike place roast 4 ¼ | latte 4 ¾ caramel latte 5 ½ *iced or hot* | americano 3 ½ chai tea latte 5 ½ *iced or hot* | mocha 5 ½ caramel macchiato 5 ½ | london fog 5 ½ cappuccino 4 ¾ | espresso 2 ½ double 3 ½

teavana 4 ¼ peppermint | chamomile | chai earl grey | green | jasmine citrus | hibiscus

prices subject to gst/ gratuity not included